

# CHARIS CHARALAMBOUS

## PORTFOLIO OF EXPERIENCE IN TRAINING DELIVERY

### A) Cyprus-based School Settings (Public and private schools, Kindergarten to 12<sup>th</sup> grade)

<b>Year(s):</b> 2003 - Today
<b>Target groups:</b> Teachers and Parents
<b>Sample Topics:</b> Youth and violence / Behavior and discipline / The psychological needs of children / Smooth adjustment to high school / Raising children with boundaries, optimism and self-confidence / Empathy and interpersonal communication / Developing Emotional Intelligence / Key competencies for youth / Human Rights Education / Quality relationships in the school context / Alternative teaching/learning methods / Creating a positive climate in school / Helping students be more collaborative / Conflict management-resolution
<b>Year(s):</b> 2012 - Today
<b>Target groups:</b> Students (aged 8 – 18)
<b>Topics:</b> Human Rights issues (Respect-Responsibility-Solidarity) / Conflict resolution / Anger management / Social and Personal Development / Team-building / Peace Education / Active Citizenship

### B) Cyprus-based Community Programs (Municipal Institutions, NGOs, Public Institutions)

<b>Year(s):</b> 2005 - Today
<b>Hosting organizations:</b> Cyprus Society of Family Therapy. Cyprus Youth Club Organization. Aglantzia Municipality Counseling Center. NECI Cyprus. YEU Cyprus. Association for Historical Dialogue and Research. Rooftop Theatre Group. NGO Support Center. Frederick University of Technology.
<b>Target groups:</b> Family therapists, Youth Workers, University Students, Children, Young persons, Adults
<b>Topics:</b> Systemic Applications: Early Intervention / Self-awareness, Communication, Collaboration / Self-awareness and Communication Skills in Interpersonal Relationships / Non-formal and informal education / Becoming active with Structured Dialogue: Participation and Social Inclusion / Non-Formal Education Tool Fair / "Do it differently!" Non-Formal Education Methodology / Teacher training for Professional Development / Socialization and empowerment of immigrant refugee children / Intercultural Dialogue (The Dialogue Toolkit) / "Imagine" Peace Education Program for Youth / The School of Nature for children / "Performing their Story" Global Education Project / "Take a Bigger View" Global Citizenship Education
<b>Year(s):</b> 2018 – Today
<b>Hosting organization:</b> YoungStars Cyprus Youth Development Center
<b>Target groups:</b> Children aged 11-13
<b>Topics:</b> Personal-Social development summer program
<b>Year(s):</b> 2011 - 2017
<b>Hosting organization:</b> Junior Achievement Young Enterprise (JA-YE Cyprus)
<b>Target groups:</b> 100 adolescents (aged 15-16) at every event
<b>Topics:</b> "Creativity and Innovation Challenge" / "Bi-Communal Innovation Camp": Ice-breaking and Group-building activities and Mentoring
<b>Year(s):</b> 2012 - 2015
<b>Hosting organization:</b> NGO Support Center, Embassy of Finland in Cyprus
<b>Target groups:</b> Organizational personnel (adults)
<b>Topics:</b> Facilitation of organizational team building and vision design / Personnel Group facilitation: Understanding cultural similarities and differences
<b>Year(s):</b> 2011 - 2015
<b>Hosting organization:</b> Cyprus Youth Board
<b>Target groups:</b> Young persons, Youth Workers, Adults
<b>Topics:</b> Experiential workshop for youth on Peace Education / Training in Youth Information for persons working with youth / Active European Citizenship / Strengthening unemployed youth through NFE / JIMMY - European Youth Information and Counselling Agency (ERYICA) / Understanding our European Identity / Inclusion in School Life (1 <sup>st</sup> island-wide Student Forum)
<b>Year(s):</b> 2015
<b>Hosting organization:</b> "Women's Café" Informal group
<b>Target groups:</b> Adults
<b>Topics:</b> Series of personal development group meetings

<b>Year(s):</b> 2005 - 2014
<b>Hosting organization:</b> Strovolos Multifunctional Municipal Centre
<b>Target groups:</b> Adults (general population)
<b>Sample Topics:</b> Children and play / Managing child behavior / The family system and adolescence / Communicating with and encouraging children / Developing the value of responsibility in children / Managing children's time / Loneliness in relationships / Emotional Intelligence / Isolation Vs. Cooperation / Happy together: Relationships with children when parents remarry / Adolescence through the eyes of teenagers / Together separately: Children in the divorce crisis / The betrayal of love: Guilt and remorse / The value of Non-Formal Education for youth / Knowing our partners through knowing ourselves / The lack of love: Human relations in the era of the internet

<b>Year(s):</b> 2010 - 2013
<b>Hosting organization:</b> Strovolos Multifunctional Municipal Center
<b>Target groups:</b> Adolescents, Adults
<b>Topics:</b> Self-awareness, communication skills / personal development: 8 different Series of Experiential group meetings for adults / Emotional and Social Intelligence: 2 different Series of experiential workshop meetings for adolescents

<b>Year(s):</b> 2009 - 2012
<b>Hosting organization:</b> Association for the Development of Life Skills (Cyprus)
<b>Target groups:</b> Teachers and other adults
<b>Topics:</b> Social competencies and play in the classroom / You and me together: When education builds the feeling of belonging / How well do I know me? Self-awareness as key for students' development and the quality of relationships in the school setting / Experiential workshops for teachers and youth on Peace Education / Communication and Cooperation: Help Increase the Peace and Positivity

### C) European / International Programs and Collaborations

<b>Year(s):</b> 2011 - Today
<b>Hosting organizations:</b> Kaposvar University (Hungary). Cyprus Presidency of the European Council/Cyprus Youth Board. Cyprus Ministry of Education and Culture. SALTO-YOUTH Euromed/Greek Youth in Action National Agency. Future World Center/Youth of the World consortium. European Association for Practitioner Research on Improving Learning. EDRASE/Egaleo Municipality (Athens). Cyprus International Institute of Marketing.
<b>Target groups:</b> Educators, Youth, Youth Workers, Youth policymakers, Youth Trainers
<b>Topics:</b> The use of experiential learning methods in the development of life skills: International Conference "Education and society: Training and Practice" / National Facilitator for the 2012 European Youth Conference / Emotional Health for European educators (Study Visit to Cyprus / "A Linguagram of Emotions" (8 <sup>th</sup> SALTO Tool Fair) / "Youth of the World" Global Education Seminar Series / Active Learning Tools for Developing Social Competences / Non-formal methods as a source of High School Counselor inspiration and empowerment / Developing our Emotional Intelligence / i3 – Education for ideas, inventions and innovations for entrepreneurship

<b>Year(s):</b> 2017 - 2018
<b>Hosting organization:</b> EDRASE (Athens)
<b>Target groups:</b> European Youth Workers/Trainers and Educators
<b>Topics:</b> Lead in Practice (Erasmus+ KA1 Blended-Learning project – Training of Trainers - on Learning Design in Practice) [Training course as part of the 9-month project: 25/11-3/12/17]

<b>Year(s):</b> 2008 - 2014
<b>Hosting organization:</b> Association for the Development of Life Skills
<b>Target groups:</b> European Teachers and Adult Educators
<b>Topics:</b> Action Methods Improving Emotional Intelligence – Training for Educators / Developing Life Skills in Adolescence / Week-long Grundtvig In-Service Training Course (European Lifelong Learning Program): "Improving Life Skills through Adult Education" (10/2010, 04/2011, 04/2012, 10/2013) / Week-long Comenius In-Service Training Course "Social and Emotional Learning: Experience the Power of Education!" (05/2012, 10/2012, 06/2013, 10/2013)

<b>Year(s):</b> 2008 - 2009
<b>Hosting organization:</b> European Bridges Consulting
<b>Target groups:</b> European Teachers and Adult Educators
<b>Topics:</b> Comenius In-Service Training Course: Action Methods Improving Motivation and Quality in Learning Situations