

CHARIS CHARALAMBOUS

PORTFOLIO OF CONTINUING PROFESSIONAL DEVELOPMENT

Training received in Psychology and Therapeutic Interventions (beyond Master's Degree)

Year(s): 2014 - 2017

Hosting organization: Cyprus Institute of Brief Systemic Dialogical Therapy

Topics: Intensive Training Program on Brief Systemic Dialogical Therapy (127 hours) / Personal and professional development program (90 hours) / Collaborative-Dialogic Practices across multiple contexts and cultures: Concepts and Applications.

Year(s): 2004 - 2016

Hosting organization: Cyprus Society of Family Therapy

Topics: New Approaches in the Fields of Counseling and Family Therapy / Appreciative Systemic Approach: Creating Hope and Opportunities / Concerns of Modern Couples / Working with Emotions and Feelings in Counseling and Psychotherapy / Dialogical Approaches to Therapy / Current Approaches in the Field of Systemic Family Therapy: Reflective practices / Crisis and Creation through Dialogue: Making dreams for the future / The dialogical skills of a systemic therapist.

Year(s): 2008 - 2015

Hosting organizations: Institute of Contemplative Studies/Centre for Research and Counseling Services, In Dialogue (Denmark), Cyprus Systemic Institute. Center for Personal Development and Psychotherapy. Panayiotis Vyras Institute.

Topics: Narrative Therapy: The Restorying of Lives and Relationships / Narrative Coaching / The circular questionnaire: a useful tool for therapists. / Depression: Facing obstacles in periods of internal and external crises / Family Constellations.

Year(s): 2004 - 2008

Hosting organizations: International Association of Marriage and Family Counseling (UK). European Family Therapy Association. University of Crete Psychiatric Clinic (Greece). Association of Family Therapy (UK). Italian Association of Psychotherapy. Denver International Program/ Fulbright Scholar Program (USA).

Topics: Northampton Summer Institute. 5th EFTA Conference: Creating Futures/Systemic Dialogues Across Europe. 3rd Panhellenic Conference in Systemic Therapy: Family and Mental Illness. 31st Annual AFT Conference: Connecting Contexts, Generations and Practice. Humor and Other Strategies to Survive Emotional Crisis. 6th Congress of EFTA & 32nd AFT Annual Conference: Beyond Oppositions: Individuals, Families, Communities. Family Therapy - focusing on community-based substance abuse prevention programs.

Year(s): 2006 - 2007

Hosting organizations: Roots Research Center/Greek Association of Social Workers. Intercollege Social Work Department (Cyprus).

Topics: Challenges Before and After Foster Parenting / New Approaches in the Research and Practice of Social Work / Brief Family Intervention: A Psychosocial Approach to Adolescent Problems.

Year(s): 2003 - 2005

Hosting organizations: Cyprus Portage Foundation. Cyprus Association of Counseling and Career Guidance Teachers. National Centre For Eating Disorders (UK).

Topics: Early Intervention Method of Portage / Professionals in the multidisciplinary team in Schools / Eating Disorders

Year(s): 2002 - 2003

Hosting organization: Philadelphia Child and Family Therapy Training Center (USA)

Topics: Cognitive-behavioral techniques for working with children and adolescents / Attachment-based family therapy for depressed Adolescents / Creating the therapeutic system / Assessment / Change techniques / Sexual abuse in a family context / Couples and couple therapy / The difficult divorce / Clinical issues in single parent families / Oppositional defiant disorder / Parents with mental illness / School-based behavior problems / Families with young children / Trauma / Play techniques / Intensive 3-week Clinical Training in Family and Marital Therapy.